

Good Fit - The Rules

It's simple. Ill fitting clothes make you look cheap, no matter how much they cost. But the perfect fit will make you look a million dollars.

While tailoring is an added investment to your wardrobe, it is well worth it and is absolutely essential to a well finished look.

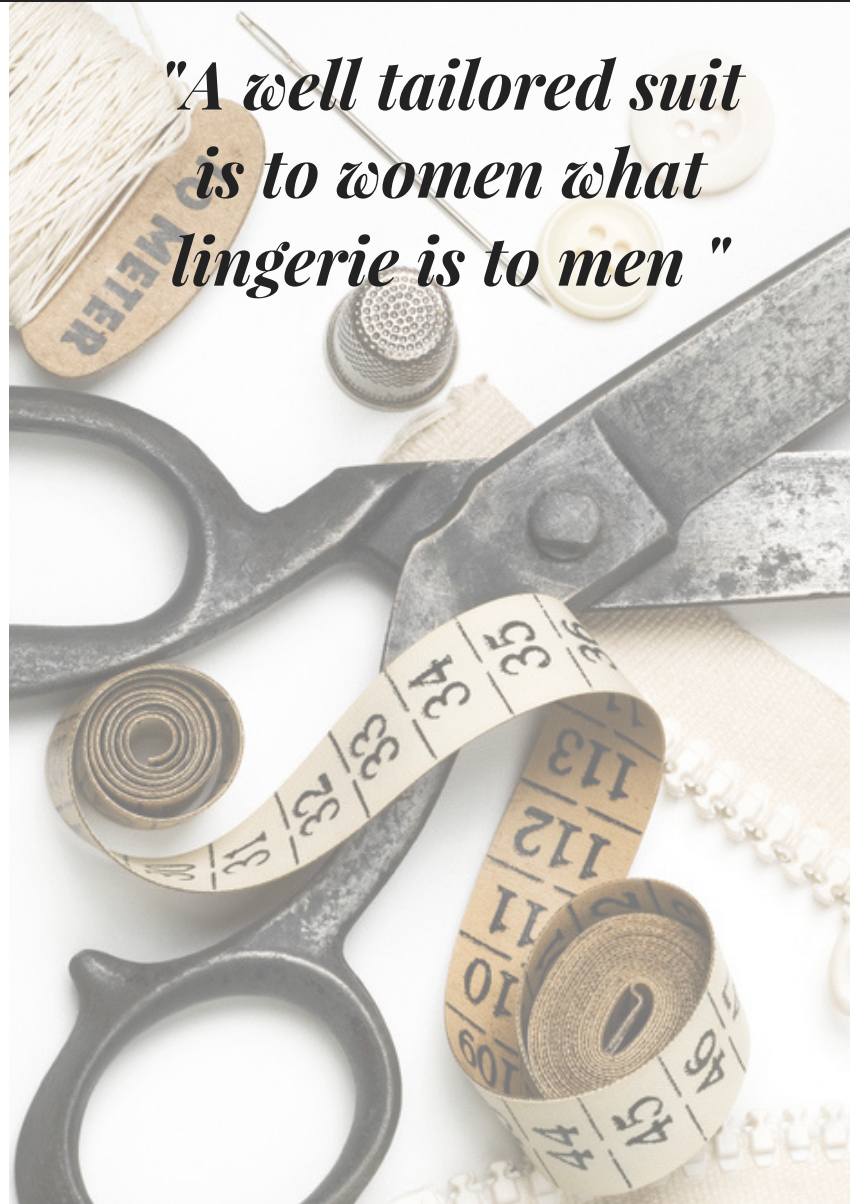
Suit Jackets or Blazers

- The foundation to every blazer is the shoulders . Start with the perfect fit here, ensuring the fabric is smooth, there are no ripples below the collar and it fits comfortably across the back
- Your blazer should be fitted through the chest.
- The sleeve should sit just below the wrist.
- The waist should be tapered and skim the body, with the top button sitting at the narrowest part of the waist.
- The jacket length should align with your knuckles when your arms hang in a relaxed position.

Trousers

- The waist should be firm. You should be able to fit a couple of fingers in the waistband.
- The hem of a slim fit trouser should be no longer than 1.5cm from the ground when barefoot .
- Avoid excess bunching at the hem above the shoe.
- The seat (backside) should be fitted but not tight.
- The rise (crotch) should sit smoothly and not appear to be stretching across the front.

"A well tailored suit is to women what lingerie is to men "



The Shirt

- Your shirt collar should be firm but not uncomfortable. You should be able to fit a couple of fingers between your neck and the collar.
- Fitted through the chest.
- Smooth across the shoulders.
- Sleeve should skim your arm without being too tight.
- Cuff should sit just beneath your wrist.
- Avoid excess fabric around the waist.
- Buttons should not be straining.